

CURRICULUM VITAE

Prof. Dr. Gianfranco Parati. MD, FESC



Institutes

**Department of Medicine and Surgery
University of Milano-Bicocca**

**Istituto Auxologico Italiano,
IRCCS, Department of
Cardiology and Scientific
Direction**

Career

1978-1985: Residency in Internal Medicine and Cardiology, University of Milano, Policlinic Hospital IRCCS.

1980-1991: Research Grants University of Milano and IRCCS Istituto Auxologico Italiano di Milano

1991. Italian Society of Hypertension Research Grant- Visiting Scientist at Massachusetts Institute of Technology, Boston, U.S.A & Children's Hospital, Harvard Medical School, Boston, Massachusetts, USA - Computer analysis of blood pressure and heart rate variability

1991-2000. Associate Head of Cardiology Unit, San Luca Hospital, Istituto Auxologico Italiano, Milan, Italy

1991-2001 Assistant Professor of diagnostic methods, Residency in cardiology, University of Milano- Bicocca

2001-2006: Associate Professor of Internal and Cardiovascular Medicine, University of Milano-Bicocca; Head – Cardiology Unit, Ospedale S. Luca, Istituto Auxologico Italiano, Milano

2006-ott 2021 Full Professor of Cardiovascular Medicine, University of Milano-Bicocca; Head – Cardiology Unit, Ospedale S. Luca, Istituto Auxologico Italiano, Milano

2021 to now: Honorary Professor of Cardiovascular Medicine, University of Milano-Bicocca; Head – Department of Cardiology, Lombardy Region- Istituto Auxologico Italiano, Milano

Awards

1977 Research and Travel Grant by Italo-American Medical Education Foundation at Thomas Jefferson University Hospital, Philadelphia, U.S.A.

1984, Research Award in the national competition for “new talents for research (Corriere Medico – National Research Council) for “studies on neural cardiovascular regulation”

1985, "Poster Award" as best poster at the XIX congress of the European Society for Clinical Investigation, Toulouse (France) april 1985. Research topic: "The value of 24 hour intra-arterial blood pressure monitoring in the diagnosis of hypertension".

1990 Yearly Award "Salvatore Campus" of the Italian Society of Hypertension: topic: “Computer analysis of blood pressure and heart rate variability” to be implemented at the Massachusetts Institute of Technology, Boston, U.S.A and at Children's Hospital, Harvard Medical School, Boston, Massachusetts, USA

1998-2004 Honorary Member of the Latin American Society of Hypertension (LASH), Venezuelan Society of Cardiology, Venezuelan Society of Hypertension, Peruvian Society of Cardiology,

2004 Lecturer of the Year (Belgian Universities and Belgian Hypertension League),

2005 Forum P.A. (Forum Publica Amministrazione) award excellence in Health Care Services endorsed by the Italian Ministry of Health for Telemedicine in Heart Failure.

2015 ESH - "Bjorn Folkow Award and Lecture" for excellence in research on Hypertension pathophysiology.

2015 Honorary membership Polish Hypertension Society

2017 appointed as Honorary Professor at the Universidad Peruana Cayetano Heredia, Lima, Peru.

2019 Pickering Lecture Award at the British and Irish Hypertension Society Annual Meeting. Honorary Membership of the British and Irish Hypertension Society.

2021 Distinguished Fellow Award of the International Society of Hypertension.

2021 Appointed as Miembro Correspondiente Extranjero por Italia de la Academia Nacional de Medicina (ANM) Venezuela;

2022 Tigerstedt Award, Finnish Hypertension Society.

2022 American Physiological Society Award for best 2021 Clinical Physiology paper on Impact of COVID-19 on exercise pathophysiology. A combined cardiopulmonary and echocardiographic exercise study;

2022 American Heart Association Award for Best Clinical paper on Hypertension 2021;

2022 Honorary Lecture at the Hungarian Society of Hypertension National Congress.;

2023 Honorary Membership of the Hungarian Society of Hypertension;

2023 Honorary membership of the Romanian Society of Cardiology.

2023 Awarded as Highly cited Researcher 2023 by CLARIVATE (authoring multiple Highly Cited Papers which rank in the top 1% by citations for their fields and publication year in the Web of Science)

Society Activities

Member of European Society of Cardiology (ESC), European Society of Hypertension (ESH), International Society of Hypertension (ISH), Italian Society of Hypertension (SIIA), Italian Society of Cardiology (SIC).

2014 Nucleus member of the ESC Working Group on Hypertension and the Heart
1983- 2018 Past President of the Italian Society of Hypertension (SIIA); past President of the Foundation of the SIIA; past Chairman of the Working Group on Blood Pressure Monitoring and Cardiovascular Variability of the European Society of Hypertension (ESH); Fellow of the ESC; Past Chairman of the Working Group on Blood Pressure Monitoring of SIIA.

2016 Nucleus member e-Cardiology Working Group of the ESC

2018 Nucleus member – Treasurer of the ESC Council on Hypertension

2018 Secretary General World Hypertension League

2022 President Elect and Executive Board member of the World Hypertension League.

2022 Chairperson and Nucleus member of the Council on Hypertension of the ESC;

2023 Writing Committee Member of the 2023 ESH Guidelines for the management of arterial hypertension

- Regularly invited speaker at annual ESC, ESH, EACP, ISH, WHL, LASH, SIC, SIIA and other national and international scientific meetings.

Editorial Activities

Associate Editor of Hypertension Research, Associate Editor of European Journal of Preventive Cardiology (responsible for Hypertension Session); Editorial Board member of Journal of American Heart Association, Journal of Hypertension, AHA Hypertension Journal, High Blood Pressure & Cardiovascular Prevention. Past Executive Editor of Journal of Hypertension,

Reviewer Activities

The Lancet, Hypertension, Circulation, European Heart Journal, JACC, British Medical Journal, Journal of the American Heart Association, Circulation Cardiovascular Interventions, Journal of Hypertension, European Journal of Heart Failure, Hypertension Research, Blood Pressure; Blood Pressure Monitoring, Clinical Science, AM. Journal of Physiology; J. Applied Physiology, Clinical and Experimental Hypertension, Journal of Human Hypertension, Journal of Clinical Hypertension, Scientific Reports, J. Clinical Medicine, etc. . European Commission, Netherlands Organisation for Health Research and Development, Swiss National Foundation, Swiss Heart Foundation, Dutch Heart Foundation.

Publications and metrics

1293 publications, 118 Hirsch-Index and 64459 Scopus citations. Orcid <http://orcid.org/0000-0001-9402-7439>, >130 book chapters



November 25th, 2023

Gianfranco Parati